

Support Groups

Abramson Senior Care

Abramson Senior Care is proud to offer a number of free support groups to the community, including:

Caregiver Support Groups

- Second Tuesday of every month • 10:00 a.m. • Edna Young Gordon Healthy Brain and Memory Center • 135 S. Bryn Mawr Ave., Suite 110, Bryn Mawr, PA 19010 • Facilitated by Karin Murphy, MA • 484-756-8700
- First Wednesday of every month • 10:00 a.m. • Abramson Home Care • 261 Old York Rd., Suite 318, Jenkintown, PA 19046 • Facilitated by Erica Block, MSW • 215-371-2119

Caregiver Support and Bereavement Group

- Third Tuesday of every month • 2:00 p.m. • Abramson Medical Adult Day Services • 12003 Bustleton Ave., Philadelphia, PA 19116 • Facilitated by Marcy Shoemaker, Psy.D. • 215-371-1369

Early Stage Cognitive Impairment Support Group (Clients and Caregivers)

- Third Monday of every month • 10:30 a.m. • Edna Young Gordon Healthy Brain and Memory Center • 135 S. Bryn Mawr Ave., Suite 110, Bryn Mawr, PA 19010 • Facilitated by Brie Yousaitis, MSW, and Melissa Avraham, LSW, MSS, MLSP • 484-756-8700

Bereavement Support Groups

- Second Tuesday of every month • 1:00 p.m. • Edna Young Gordon Healthy Brain and Memory Center • 135 S. Bryn Mawr Ave., Suite 110, Bryn Mawr, PA 19010 • Facilitated by Karin Murphy, MA • 484-756-8700
- Every Thursday • 12:30 p.m. - 2:00 p.m. • KleinLife • 10100 Jamison Ave., Philadelphia, PA 19116 • Facilitated by Brie Yousaitis, MSW • 215-371-1393

Newly Bereaved Spouse Support Group

- First and third Wednesday of every month • 12:30 p.m. - 2:00 p.m. • KleinLife • 10100 Jamison Ave., Philadelphia, PA 19116 • Facilitated by Karin Murphy, MA • 215-237-0716

Afternoon Tea - A Support Group for Adult Children who have Experienced the Death of a Parent

- Second Monday of every month • 1:00 p.m. - 2:30 p.m. • Abramson Center L'Chaim Room • 1425 Horsham Rd., North Wales, PA 19454 • Facilitated by Karin Murphy, MA • 215-237-0716

Mindfulness Meditation/Stress Management Groups

- Third Wednesday of every month • 4:00 p.m. - 5:00 p.m. • Edna Young Gordon Healthy Brain and Memory Center • 135 S. Bryn Mawr Ave., Suite 110, Bryn Mawr, PA 19010 • Facilitated by Kim Bernardi, LCSW • 484-756-8700
- Every other Monday • 2:00 p.m. • The Peak Center in Lansdale • 606 E. Main St., Lansdale, PA 19446 • Facilitated by Kim Bernardi, LCSW • 215-767-5266